

	EYFS	Year 1	Year 2	Year 3	Year 4
Autumn 1 <b>Being Me in My World</b>	<ul style="list-style-type: none"> <li>Self-identity</li> <li>Understanding feelings</li> <li>Being in a classroom</li> <li>Being gentle</li> <li>Rights and responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>Feeling special and Safe</li> <li>Being part of a class</li> <li>Rights and responsibilities</li> <li>Rewards and feeling proud</li> <li>Consequences</li> </ul>	<ul style="list-style-type: none"> <li>Hopes and fears for the year</li> <li>Rewards and consequences</li> <li>Safe and fair learning</li> <li>Valuing contributions</li> <li>Choices</li> <li>Recognising feelings</li> </ul>	<ul style="list-style-type: none"> <li>Setting personal goals</li> <li>Self-identity and worth</li> <li>Safe and fair learning environment</li> <li>Valuing contributions</li> <li>Recognising feelings</li> </ul>	<ul style="list-style-type: none"> <li>Setting personal goals</li> <li>Self-identity and worth</li> <li>Positivity in challenges</li> <li>Rules, rights and responsibilities</li> <li>Rewards and consequences</li> <li>Responsible choices</li> <li>Seeing things from others' perspectives</li> </ul>
Autumn 2 <b>Celebrating Difference</b>	<ul style="list-style-type: none"> <li>Identifying talents</li> <li>Being special</li> <li>Families</li> <li>Where we live</li> <li>Making friends</li> <li>Standing up for yourself</li> </ul>	<ul style="list-style-type: none"> <li>Similarities and differences</li> <li>Understanding bullying and how to deal with it</li> <li>Making new friends</li> <li>Celebrating the differences in everyone</li> </ul>	<ul style="list-style-type: none"> <li>Assumptions and stereotypes about gender</li> <li>Understanding bullying</li> <li>Standing up for yourself and others</li> <li>Making new friends</li> <li>Celebrating difference and remaining friends</li> </ul>	<ul style="list-style-type: none"> <li>Families and their differences</li> <li>Family conflict and how to manage it</li> <li>Bullying and how to solve it</li> <li>Recognising how words can be hurtful</li> <li>Giving and receiving compliments</li> </ul>	<ul style="list-style-type: none"> <li>Challenging assumptions</li> <li>Judging by appearance</li> <li>Accepting self and others</li> <li>Understanding influences</li> <li>Understanding bullying</li> <li>Problem solving</li> <li>Identifying how special and unique everyone is</li> <li>First impressions</li> </ul>
Spring 1 <b>Relationships</b>	<ul style="list-style-type: none"> <li>Family life</li> <li>Friendships</li> <li>Breaking friendships</li> <li>Falling out</li> <li>Dealing with bullying</li> <li>Being a good friend</li> </ul>	<ul style="list-style-type: none"> <li>Belonging to a family</li> <li>Making friends/being a good friend</li> <li>Physical contact preferences</li> <li>People who help us</li> <li>Qualities as a friend and person</li> <li>Self-acknowledgment</li> <li>Being a good friend to myself</li> <li>Celebrating special relationships</li> </ul>	<ul style="list-style-type: none"> <li>Different types of family</li> <li>Physical contact boundaries</li> <li>Friendship and conflict</li> <li>Secrets</li> <li>Trust and appreciation</li> <li>Expressing appreciation for special relationships</li> </ul>	<ul style="list-style-type: none"> <li>Family roles and responsibilities</li> <li>Friends and negotiation</li> <li>Keeping safe online and who to go to for help</li> <li>Being a global citizen</li> <li>Being aware of how my choices affect others</li> <li>Awareness of how other children have different lives</li> <li>Expressing appreciation for family and friends</li> </ul>	<ul style="list-style-type: none"> <li>Jealousy</li> <li>Love and loss</li> <li>Memories of loved ones</li> <li>Getting on and falling out</li> <li>Girlfriends and boyfriends</li> <li>Showing appreciation to people and animals</li> </ul>
Spring 2 <b>Healthy Me</b>	<ul style="list-style-type: none"> <li>Exercising bodies</li> <li>Physical activity</li> <li>Healthy food</li> <li>Sleep</li> <li>Keeping clean</li> <li>Safety</li> </ul>	<ul style="list-style-type: none"> <li>Keeping myself healthy</li> <li>Healthier lifestyle choices</li> <li>Keeping clean</li> <li>Being safe</li> <li>Home safety</li> <li>Road safety</li> <li>Linking health and happiness</li> </ul>	<ul style="list-style-type: none"> <li>Motivation</li> <li>Healthier choices</li> <li>Relaxation</li> <li>Healthy eating and nutrition</li> <li>Healthier snacks and sharing food</li> </ul>	<ul style="list-style-type: none"> <li>Exercise and fitness challenges</li> <li>Food labelling and healthy swaps</li> <li>Attitudes towards drugs</li> <li>Keeping safe and why it's important online and offline</li> <li>Respect for myself and others</li> <li>Healthy and safe choices</li> </ul>	<ul style="list-style-type: none"> <li>Healthier friendships</li> <li>Group dynamics</li> <li>Smoking</li> <li>Alcohol</li> <li>Assertiveness</li> <li>Peer pressure</li> <li>Celebrating inner strength</li> </ul>
Summer 1 <b>RSE</b> <b>Following the Ten:Ten programme of study</b>	<ul style="list-style-type: none"> <li>Handmade with Love</li> <li>I Am Me</li> <li>I Like, You Like, We All Like!</li> <li>Feelings</li> <li>Growing Up</li> <li>God is Love</li> </ul>	<ul style="list-style-type: none"> <li>God Loves You</li> <li>Special People</li> <li>Treat Others Well</li> <li>Saying Sorry</li> <li>Being Safe</li> <li>Secrets</li> </ul>	<ul style="list-style-type: none"> <li>I Am Unique</li> <li>Girls and Boys</li> <li>Clean and Healthy</li> <li>Feelings, Likes and Dislikes</li> <li>Feeling Inside Out</li> <li>The Cycle of Life</li> </ul>	<ul style="list-style-type: none"> <li>The Sacraments</li> <li>Jesus, My Friend</li> <li>Friends, Family and Others</li> <li>When Things Feel Bad</li> <li>Sharing and chatting Online</li> </ul>	<ul style="list-style-type: none"> <li>We Don't Have to Be the Same</li> <li>Respecting our Bodies</li> <li>What is Puberty?</li> <li>Changing Bodies</li> <li>What Am I Feeling?</li> </ul>

	<ul style="list-style-type: none"> <li>• Me, You, Us</li> </ul>	<ul style="list-style-type: none"> <li>• Can you Help Me?</li> </ul>	<ul style="list-style-type: none"> <li>• Who is My Neighbour?</li> <li>• Communities</li> </ul>	<ul style="list-style-type: none"> <li>• Safe in My Body</li> <li>• First Aid</li> <li>• A Community of Love</li> <li>• What is the Church?</li> <li>• How Do I Love Others?</li> </ul>	<ul style="list-style-type: none"> <li>• What Am I Looking At?</li> <li>• I Am Thankful</li> <li>• Life Cycles</li> <li>• Community of Love</li> <li>• How Do I Love Others?</li> </ul>
<p>Summer 2</p> <p><b>Dreams and Goals</b></p>	<ul style="list-style-type: none"> <li>• Challenges</li> <li>• Perseverance</li> <li>• Goal-setting</li> <li>• Seeking help</li> <li>• Jobs</li> <li>• Achieving goals</li> </ul>	<ul style="list-style-type: none"> <li>• Setting goals</li> <li>• Identifying successes and achievements</li> <li>• Working well together and celebrating achievements</li> <li>• Tackling new challenges</li> <li>• Identifying and overcoming obstacles</li> <li>• Feeling of success</li> </ul>	<ul style="list-style-type: none"> <li>• Achieving realistic goals</li> <li>• Perseverance</li> <li>• Learning strengths</li> <li>• Learning with others</li> <li>• Group co-operation</li> <li>• Contributing to and sharing success</li> </ul>	<ul style="list-style-type: none"> <li>• Difficult challenges and achieving success</li> <li>• Dreams and ambitions</li> <li>• New challenges</li> <li>• Motivation and enthusiasm</li> <li>• Recognising and trying to overcome obstacles</li> <li>• Managing feelings</li> <li>• Simple budgeting</li> </ul>	<ul style="list-style-type: none"> <li>• Hopes and dreams</li> <li>• Overcoming disappointment</li> <li>• Creating new, realistic dreams</li> <li>• Achieving goals</li> <li>• Celebrating contributions</li> <li>• Resilience</li> <li>• Positive attitudes</li> <li>• Simple budgeting</li> </ul>