



**Hi! I'm Andy Apple!**  
 Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, and a selection of salads and fresh fruit.

# WILSON JONES

*Simply Fresh*



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1 Commencing

30th October  
 20th November  
 11th December  
 15th January  
 5th February  
 4th March  
 25th March

Chicken Pizza  
  
 Cheese & Tomato Pizza  
  
 Seasoned Potato Wedges  
 Baked Beans - Garden Peas  
  
 Chocolate Brownie

Pork Sausages & Gravy  
  
 Vegetarian Sausages & Gravy  
  
 Mashed Potatoes  
 Sweetcorn - Green Beans  
  
 Orange Jelly

Roast Chicken,  
 Stuffing & Gravy  
  
 Cheddar & Onion Puff  
  
 Roast Potatoes  
 Broccoli - Carrots  
  
 Shortbread Biscuit  
 with Apple Wedges

Beef Spaghetti Bolognese  
  
 Green Pesto Pasta  
 (Optional Cheese Topping)  
  
 Garlic Bread  
 Sweetcorn - Broccoli  
  
 Pineapple Cake & Custard

Crispy Fish Fingers  
  
 Vegetable Fingers  
  
 Chips  
 Baked Beans - Garden Peas  
  
 Funfetti Iced Sponge

### WEEK 2 Commencing

6th November  
 27th November  
 18th December  
 1st January  
 22nd January  
 19th February  
 11th March

Chicken Burger  
  
 Vegetable Burger  
  
 Seasoned Potato Wedges  
 Baked Beans - Garden Peas  
  
 Classic Syrup Sponge & Custard

Beef Lasagne  
  
 Tomato & Herb Pasta  
  
 Garlic Bread  
 Sweetcorn - Broccoli  
  
 Vanilla Cake with Hot  
 Chocolate Sauce

Sticky BBQ Chicken  
  
 Vegetable Pie  
 (Topped with Mashed Potatoes)  
  
 Roasted New Potatoes  
 Carrots - Green Beans  
  
 Flapjack

Chicken Puff Pie with Mashed  
 Potatoes  
  
 Macaroni Cheese  
  
 Sweetcorn - Broccoli  
  
 Chocolate Slice & Custard

Battered Fish  
  
 Vegan Sausage Roll  
  
 Chips  
 Baked Beans - Garden Peas  
  
 Strawberry Jelly

### WEEK 3 Commencing

13th November  
 4th December  
 8th January  
 29th January  
 26th February  
 18th March

Chicken Nuggets  
  
 Vegetable Nuggets  
  
 Seasoned Potato Wedges  
 Baked Beans - Garden Peas  
  
 Chocolate Rice Crispy Cake

Cottage Pie  
  
 Three Cheese Pasta Bake  
  
 Broccoli - Sweetcorn  
  
 Classic Jam & Coconut Sponge  
 & Custard

Roast Chicken, Yorkshire  
 Pudding, & Gravy  
  
 Cheese & Tomato Pinwheel  
  
 Roast Potatoes  
 Garden Peas - Carrots  
  
 Chocolate Chip Cake

Chicken Tikka Masala  
  
 Yellow Lentil Dhal  
  
 Rice  
 Green Beans - Cauliflower  
  
 Banana Sponge & Toffee Sauce

Crispy Fish Fingers  
  
 Tomato & Vegetable Pasta Bake  
  
 Chips  
 Baked Beans - Garden Peas  
  
 Very Berry Jelly



If you have any questions or queries, please give us a call at 0208 090 1275  
 Alternatively you can email us at [admin@wjcatering.co.uk](mailto:admin@wjcatering.co.uk)