



PE Yearly Overview – St Edward’s Catholic First School

	EYFS	Year 1	Year 2	Year 3	Year 4
Term 1	Balancing Games	Ball skills	Netball	Netball	Netball
	Listening Games	Gymnastics	Swimming	Dance	Dance
Term 2	Sending / Receiving	Football	Football	Football	Football
	Balance bikes	Balls Skills	Swimming	Gymnastics	Gymnastics
Term 3	Gymnastics Shape	Dance	Dance	Dance	Dance
	Balance bikes	Swimming	Tag Rugby / Ball skills	Tag Rugby / Ball skills	Tag Rugby / Ball skills
Term 4	Coordination Ball Skills	Racket & Ball skills	Striking a ball – Tennis	Tennis – Striking / Footwork	Tennis – Game Play
	Sports Day Practice	Swimming	Mindfulness & stretching	Mindfulness & stretching	Mindfulness & stretching
Term 5	Gymnastics Movement	Gymnastics Movement	Gymnastics Movement	Athletics – Track & Field	Athletics Track & Field
	Swimming	Sports Day Practice	Sports Day Practice	Mindfulness & stretching	Mindfulness & stretching
Term 6	Running & Jumping	Running & Jumping	Running & Jumping	Kwik Cricket	Kwik Cricket
	Swimming	Balls Skills	Dance	Dance	Healthy Minds